What should I already know?

- The parts of the human body and what they do.
- There are five types of **vertebrates** (mammals, fish, reptiles, amphibians, birds)
- Vertebrates are animals that have a backbone.
- Invertebrates are animals that do not have a backbone.
- All animals need water, air and food to survive.
- The different ways in which humans can be healthy.

What will I know by the end of the unit?

What are the different types of skeletons?

 Vertebrates are animals that have a backbone. These skeletons are called endoskeletons - this means that the skeletons are on the inside of the bodies. These skeletons grow with the bodies.







 When the skeleton exists outside the body, it is called an exoskeleton. An exoskeleton is a covering that supports and protects animals. These have to be shed and a new skeleton is grown.





What does an endoskeleton do?

- The three most important things a skeleton does are:
 - provide **support** and shape to an animal's body
 - allow movement through the joints
 - protect organs (e.g. the skull protects the brain)

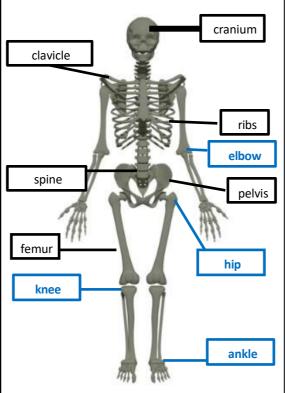
How do we move?

- Joints are where bones meet they allow our bodies to move.
- Muscles contract and relax.
- If you place an elbow on a desk and lift your arm up, muscles in your upper arm (biceps) contract while muscles behind the upper arm (triceps) relax. The muscles work together and in opposition to allow your arm to move.
- Muscles are connected to bones by tendons.

The Human **Skeleton**

bones

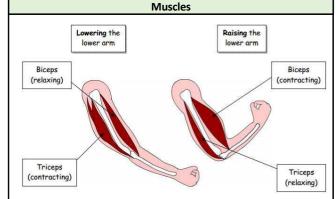
joints



Investigate!

- Identify and group animals with and without **skeletons** and compare the ways in which they move.
- Match animals to their skeletons and explain your reasons for this.
- Explore ideas about what would happen if humans did not have **skeletons**.
- Identify which **bones** are used for **support** (e.g. **backbone**), which are used for **protection** (e.g. cranium) and which are used for movement (e.g. joints)
- Create a presentation to show how muscles contract and
- Compare the size of straight arms and bent arms. Measure around the top of an arm when it is straight and when it is bent. What do you notice?

| Vocabulary | | | | |
|--------------|---|--|--|--|
| backbone | the column of small linked bones down the middle of your back . Also known as a spine. | | | |
| bones | the hard parts inside your body which form your skeleton | | | |
| contract | to make smaller by drawing together; shrink or make tighter. | | | |
| elbow | the bend or joint between the upper arm and the lower arm | | | |
| endoskeleton | the internal skeleton of an animal, especially the bony skeleton of vertebrates | | | |
| exoskeleton | the protective or supporting structure covering the outside of the body of many animals | | | |
| joints | the junction between two or more bones | | | |
| muscles | something inside your body which connects two bones and which you use when you make a movement | | | |
| organs | a part of your body that has a particular purpose | | | |
| protect | protecting someone or something means to prevent them from being harmed or damaged | | | |
| relax | When a part of your body relaxes , or when you relax it, it becomes less stiff or firm | | | |
| skeleton | the framework of bones in your body | | | |
| support | to hold something up | | | |
| tendons | a strong cord in a person's or animal's body which joins a muscle to a bone | | | |
| vertebrate | a creature which has a spine | | | |



| Question 1: Match the words to | their meanir | ngs. | | Start of u | nit: End | d of unit: |
|--|--|---------------------------|---|------------|----------------|-----------------|
| skeleton | the hard parts inside your body which form your skeleton | | | | | |
| joint | something inside your body which connects two bones and which you use when you make a movement | | | | | |
| muscle | the fr | amework of b | ones in your body | | | |
| bone | the jund | ction between | two or more bones | | | |
| | | | | | | |
| Question 2: Which part of the skeleton protects the brain? | Start of unit: | End of unit: | Question 3: Which part of skeleton protects the he | | Start of unit: | End of unit: |
| skeleton | | | lungs? | | | |
| head | | | ribs | | | |
| cranium | | | cranium | | | |
| ribs | | | spine | | | |
| Question 4: What does the prefix exo- tell us about exoskeletons? | Start of unit: | Question 5. What connects | | ects a | Start of unit: | End of unit: |
| | | | skeleton | | | |
| | | | tendon | | | |
| | | | joint | | | |
| | | | blood | | | |
| Question 6: What is the purpose of a skeleton? | Start of unit: | End of unit: | Question 7: All animals that have a backbone are called | | Start of unit: | End of unit: |
| protect our organs | 1 | | vertebrates | | | 1 |
| scare us | | | | | | |
| keep us upright | | | invertebrates | | | |
| allows us to move | | | | | | |

| Question 8: Describe something that might happen if we did not have a skeleton. | Start of unit: | End of unit: |
|---|----------------|--------------|
| | | |
| | | |
| | | |

| Question 9: Complete the labels on muscles to show if they are contracting or relaxing. Write a sentence underneath the diagram to explain how our muscles help us move. | Start of unit: | End of unit: |
|--|----------------|--------------|
| | | |

