



# PSHE & RSE

Year	Sex and relationship education
KSI	<ul style="list-style-type: none"> <li>- Respect the differences and similarities between people</li> <li>- Understand the biological differences between male and female animals and their role in the life cycle</li> <li>- Describe the biological differences between male and female children</li> <li>- Discuss about growing from young to old and that they are growing and changing</li> <li>- Understand that everybody needs to be cared for and the ways in which they care for others</li> <li>- Recognise different types of family and talk about how their home-life is special</li> </ul>
LKS2	<ul style="list-style-type: none"> <li>- Discuss the way we grow and change throughout the human lifecycle</li> <li>- Discuss the physical changes associated with puberty</li> <li>- Begin to understand menstruation</li> <li>- Recognise the impact of puberty on physical hygiene and the strategies for managing this</li> <li>- Describe how puberty affects emotions and behaviour and strategies for dealing with the changes associated with puberty</li> <li>- Develop strategies for dealing with feelings in the context of relationships</li> <li>- Answer each other's questions about puberty with confidence and seek support and advice when they need it</li> </ul>
UKS2	<ul style="list-style-type: none"> <li>- Understand the changes that occur during puberty, including wet dreams</li> <li>- Consider different attitudes and values around gender stereotyping and sexuality and consider their origin and impact</li> <li>- Recognise what values are important to them in relationships and appreciate the importance of friendship in intimate relationships</li> <li>- Understand human reproduction in the context of the human lifecycle</li> <li>- Explain how a baby is made and grows (conception and pregnancy)</li> <li>- Describe the roles and responsibilities of carers and parents</li> <li>- Answer each other's questions about sex and relationships with confidence and seek support and advice when they need it</li> <li>- Recognise some myths and misconceptions about HIV, who it affects and how it can and cannot be transmitted</li> <li>- Explain how the risk of HIV can be reduced</li> <li>- Know that contraception can be used to stop a baby from being conceived</li> </ul>